App F IX-4

1928. ( Mund )

File No. 1-28

Previous References
2-26 Secs 82, 86, 92, 100 105 & 106 B Sept 27
Mil 1-28 Sec 21 & 22 B Oct 28

Serial Nos. 36, 81, 87, 93

Later References
Bang 29-27 (1-17)

# General and Revenue Secretariat.

Serial Nos 8

**Part B for** September 1929

**SUBJECT**

Establishment & other Charges incurred for the Bangalore Agency

Sec 93 To The President Bangalore Agency Medical Officer Surgeon on Deputation Sanitary Commissioner on Deputation Comptroller to Government No L 1798-801 dated 4 & 5 Sept Appointments of the Sanitary Commissioner for the Conduct & Work of the Lady Health Visitor Bangalore Agency

J V Subbaiah
1 9

2445-d

App F III—2]

General and Revenue Secretariat. | Mul File No. 1 of 1928

Serial No. 36

Municipal Commissioner's Letter no C-1-143 dy 30th Nov 1928 forwarding for Sanction a copy of the resolution of the Mul Council Bangalore dy: re the Continuance of the Services of the Lady Health Visitor for an Extension of one year

1) Submitted for orders with a draft sanctioning the proposal of the Municipal Council in the resolution under reference and enhancement - both Ch 6/12 K Gir without which it may not be possible to work the scheme

Chetty) 7/12

2) The staff which presumably consists of two temporary servants can be sanctioned by the Municipal Council itself. The G.O. may be confined to the extension of the term of the Lady Health Visitor alone

3) A report may be asked for as to the nature and amount of

CHIEF SEC... 8 DEC. 1928

NOTE—Contn. Sheet.

WD 6174—GPS—30,000—10-4-28

21.45 (2

App F III-2

General and Revenue Secretariat. | File No. | of 1926

Serial No.

CABINET OFFICE
15 JAN 1929
No. 9310

OFFICE OF THE PRIVY COUNCIL
12 DEC. 1928

done by the Lady Health visitors during the last 15 months so that Govt may judge how far the appointment is serving any useful purpose -

Secy Member
Dewan ✓

DPH 11/12

12/1/29

DPH 17/1

16-1-29

4) DPH 17/1

5) 2 drafts submitted for approval

24/1 K

6)

21/1

46- L 1851-2/29 dt 25-1-29 to Pte / Placed rlet. P'lble + Comptroller

Sanctions re extension of the services of the Lady Health Visitors for another year

47 Dft 3/29 dt 26-1-1929 to Pte placed rlet P'lble

Request to submit a hopeless [illegible] + amount of work turned out by the Lady Health Visitors

NOTE—Contn. Sheet

3994 d

App F III—2]

General and Revenue Secretariat

Jul File No 1

of 192 8

Serial No

57

Letter no C-1-375 dy 4 3 1929 from the President Bangalore city mcl forwarding a report as to the nature and amount of work turned out by the Lady Health Visitor during the past 15 months

7) In the report of the Lady Health Visitor, of the details re the items of work, the amount of work turned out by her and the time ~~taken~~ occupied and ~~them~~ additional items of work she has accepted are explained.

8) ~~The statement~~ The work turned out by her ~~of~~ has been given in a form of Statement

(Flag X)

9) Along with the report there is a note of the Health officer where he has given his opinion on the work turned by the Lady Visitor He is of opinion that the report is exaggerated, the President has however stated in his ~~both~~ letter that her work is strenuous and live would

K

NOTE—Contn sheet

General and Revenue Secretariat

M/l File No 1

of 1928

Serial No

required to do justice to the requirements of the C.S

Ch 8/3 Ch Secy) 13/3

CHIEF SECRETARY. 14 MAR 1929

10) If approved the papers will be sent unofficially to the Sanitary Commissioner for favour of remarks

OFFICE OF THE SECOND MEMBER OF COUNCIL 21 MAR 1929 No 1018

Second Member 20/3

Mr Gentleman

11) also the said sweeper perhaps

12) Yes CSK 20/3/29

13) Forwarded with compliments to the Sanitary Comm for favour of remarks

O No 111 21st April 29

g R 1790 6/4/29

1/4/29

NOTE—Contn sheet

and Revenue Secretariat

Mel File No 1 of 1928

Serial No.

C no 70
4 29*
See ante file

14) I fully agree with the views of the President. The work of the Lady Visitor is strenuous and at least two such would be required to meet the requirements of this large City

15) Mrs Chinnappa saw me yesterday at my request and explained to me the details of her work, and showed me her registers She is doing quite good and useful work She however is immediately in need of a clerk, and I believe one would be sanctioned soon She has quite a lot of writing work to do and maintain registers It would be waste of her good time to let her do clerical work

16) She is keen on giving talks to mothers and children on Child Welfare Work Dispensaries are too small for the gatherings The school halls perhaps would suit this purpose admirably It would be excellent if she starts this work and maintains it This of course will be in addition to the work she is already doing

17) A great deal of propoganda and publicity is necessary to enlist the co-operation of the people, particularly the women folk amongst them. The Lady Health Visitor would be the proper agency to carry out this useful piece of work

18) The Municipality has eight midwives with one relieving hand for 9 divisions Considerable inconvenience in adjusting the midwifery work occurs when one or two of them go on leave and such contingencies are not uncommon

Notes—Contn sheet

WD 021—GPB—30,000—31-8-28

Serial No

uncommon in the course of a year It seems desirable to increase the total number of midwives to 10 from the present 9.

(c) There are at present three bodies doing Child Welfare Work in the City, the Municipality, the Child Welfare Association and the Civic and Social Progress Association It would be well if all work is under one management The Child Welfare Association is perhaps the best agency for this.

Sanitary Commissioner M G

20) Forwarded with compliments & his thanks Surgeon for favour of an expression of his opinion

21) The remarks of the Health Officer, who is in immediate supervisory charge of the work- appear worthy of some credence. It would be desirable to clearly define the duties of the Lady Health Visitor and see that she devotes adequate attention to her work as prescribed The salient items are -

1 She should systematically visit all pregnant women in their homes as far as possible

2 She should visit all cases attended to by the Municipal midwives and give suitable advice

3. She should meet pregnant women in different areas on certain appointed days in the week and give advice

4 She should see that difficult cases requir

Serial No

requiring special care are taken to the Maternity Hospital for proper attention

22) Treatment of diseases forms no part of her work

Subject to the definition of her duties somewhat on the above lines, the retention of the Lady Health Visitor for a further period of one year as proposed by the Municipal Council may be approved

11417/~~3~~/4

24-4-1929 Offg Senior Surgeon S Subbarao

3rd Member — RA 24/4/29

23) Sem - I quite agree that there is need for ~~more~~ one more Lady Health Visitor in Bangalore City - The present Lady seems to be doing very useful work, and if there are lapses in her duties, deficiencies or reports her duties, this Board of Council removed - This is a municipal matter so Let the Council to the Second Member

RA 25-4-29

OFFICE OF THE SECOND MEMBER OF COUNCIL 29 APR 1929

2nd Member — RA 27/4/29

24) Sanction continuance for one year more Send copies of the San'y Comm's & the S'ri Sir's notes to Mun'l Secretary & ask him to ~~have~~ work carefully & send

Serial No.

a copy of his memo to Govt.

25) The recommendation to attend an additional visitor for the Lady may be considered by the Mdl Council

Offg
Pdy 3/7/28

26) Draft submitted The Continuance of the Lady Health Visitor for another year has been sanctioned in G.O No 4 & 21-2 — Mdl 1-28-46 Dated 25th January 1929

Hab 4/5/29

Gen Le )

Offg 7/5/29

27) Issue
Ba
10/5/29

74 To The President, Bangalore &c Mdl &c No. 78 32 & 14 5-29

Forwards the roll of the Lady Comm & Sen. Surgeon & 6th & 24th Aug 29 & requests to submit a memo of work of the Lady Health Visitor for

GEN & REV SECTT
21 MAY 1929
L. S. W.

Serial No

81 From The President, Bangalore City & Cee
No C-1-715/28-29 dy 11-6-29
With ref to sen 24, states
that the appointment of an addl
Lady Health Visitor is not
required and that the question
of defining the duties of the
present Health Visitor is outside
the attention of the Health Officer

OF THE

24 1929

No

28) Submitted with
the members orders in
24 of the notes supra - If
approved the memo defining
the duties of the present
Lady Visitor will be awaited

Sd 21/6/29 K 22/6

A 29) Ans
dy 22/6/29

30) To member / 31) Bn pembal

32) CSY
2/7 Ans
22)

87 From The President, Bangalore City Mcx
No C-715/28-29 dy 24 6 29
Forwards copies of memo of the Health
Officer defining the duties of the
Lady Health Visitor for the
information of Government



WD 01684—GPB—30,000—20 4-29

L (10

App. F III—2]

General and Revenue Secretariat | ML File No. 1. of 1928 -

Serial No.

33) Submitted for personal orders in reference to Second Member's Orders in paragraph 24 of the notes supra

9/7/29 KC (illegible)

34) For consideration whether this may not be sent to the Senior Surgeon for remarks if any

35) (illegible) 23/7/29

36) This may be sent to the Senior Surgeon + Sanitary Commissioner 15/7/29

37) Forwarded to the Senior Surgeon with Myore Municipality for favour of information

15/7/29. By order, Dy. Secretary to Govt.

-S REV SEC Rec. 2 No 12/29-30 17 JULY 1929 L. R. & BRANCH



WD 61201—GPS—30,000—29-4-29

Serial No.

GC 524-3
29 7-29

3f) The following have to be added to the list of duties proposed by the Health Officer:-

(i) She should see that difficult cases requiring special care are taken to the Maternity Hospital for proper attention

3g

(ii) The Lady Health Visitor should arrange to meet the women in different areas, on appointed days in the week and talk to them on the Hygiene of Infancy and the care of children

(iii) Treatment of diseases forms no part of her work

3g) 2 It would be desirable also that the Lady Health Visitor takes due notice of the prevalence of venereal diseases among women and children in the houses she visits, as it is a potent factor bearing on Maternity and infant welfare In such cases, she should advise proper treatment being sought without delay The utmost circumspection would of course be necessary in order to avoid wounding the susceptibilities of the people

S Subbarao
Senior Surgeon.

2 O M No 16
Dated 31-7-29

L.A. 334
31-7-29

4c) Forwarded to the Sanitary Commissioner with compts. for favour of his remarks.

Bhashyam
29/7/29

Note—Contin. Sheet

WD 8634—GPS—30,000—29-4-28

PJ 0.

Serial No.

H&S e 179
22nd Aug 1929

41) The rules prescribed by the Health Officer are not comprehensive. They are also vague. He shares no responsibility beyond being the recipient of the Lady Health Visitors daily diary by 6.30 in the evenings He makes no mention of the facilities he would provide for her in her work The amount of information she has to collect according to his rules, and the quantity of out door and clerical work she has to do are something not practicable. He seems to forget she is a woman and has to be dealt with consideration due to her sex I have found her not an unwilling worker. She may be blundering occasionally. But this is more due to want of guidance in time, rather than anything inherently wrong with her

42) I find from the file the Senior Surgeon has made some very desirable suggestions regarding the Health Visitor's duties; I am in full agreement with him.

43) Finding it better and easier to lay down an entirely new set of rules rather than attempt to amend the rules framed by the Health Officer, I am submitting for consideration of Government the rules as I would have them. I have incorporated therein the suggestions of the Senior Surgeon.

44) In this connection I wish to point out that the minimum unit establishment for Child Welfare work in Bangalore City would be

(1) One qualified Health Visitor
(2) 20 Health Nurses.
(3) 10 Midwives
(4) 2 Clerks.
(5) 4 peons.



WD 8884—GPS—30,000—3-29

General & Revenue Secretariat | File No. ml 1 of 1928

Serial No

42)

**RULES FOR THE PROPER CONDUCT OF WORK OF LADY HEALTH VISITOR, BANGALORE CITY.**

---

1 The Lady Health Visitor is subordinate to the Health Officer and shall work under his direct control and receive all orders from him.

2. The Health Officer shall furnish the Lady Health Visitor with the following -

(i) A consolidated list of daily births occurring in the City and reported to the Health Officer by the Sub-Registrars of Births and Deaths

(ii) A consolidated list of pregnant women as ascertained from enquiry and reported to the Health Officer by the Sanitary Inspectors, Overseers, and Sub-Registrars of Births and Deaths.

(iii) A list of Dayees and Barber Midwives in the city prepared by the Health Officer, the list being revised once a year or oftener if necessary

3. The Health Officer shall instruct all the executive subordinates to render every possible assistance to the Lady Health Visitor in her work.

4 All Municipal Midwives shall work under the control, supervision and orders of the Lady Health Visitor, and shall furnish her with returns of their daily work in prescribed forms and obtain instructions

5 The Lady Health Visitor shall supervise the work of the Municipal Midwives She shall visit cases conducted by them, as a rule, once within 10 days of confinement and again once every month for 12 months, unless during the latter period the infant dies During her visits she will render to the midwives any technical assistance required. In emergent cases on calls from midwives, she will, with the least possible delay, give the required help.

(14

ral & Revenue Secretariat File No 1 of 192 8

erial No

6. The Lady Health Visitor during her visits to cases shall see that the midwife has adopted cleanly methods, conducted the labour without unnecessary interferance, cut and ligatured the cord right, washed the eyes with the solution provided &c and has given suitable advice regarding the after care of the mother and the baby

7 In cases which require Doctors interferance the Lady Health Visitor shall advice in the matter and if possible see that the case goes to the proper Hospital

8 In cases badly handled by Dais or Barber Midwives, should they be brought to her notice, the Lady Health Visitor shall visit them withthe least possible delay and render suitable assistance and tender proper advice

9 During her first visit to a case, the Lady Health Visitor shall make a Note of the general Sanitary condition of the house The points she should particularl attend to are

(a) Latrine and bathing facilities
(b) Ventilation and lighting
(c) Drainage
(d) Overcrowding
(e) General cleanliness of the house and its surroundings

10 The Lady Health Visitor shall inspect the Kits of the Midwives once a quarter at least and see that they are complete and clean and make good any wants

11 The Lady Health Visitor shall arrange for the Vaccination of the infant coming under her care

General & Revenue Secretariat | File No. Mel 1 of 192 8.

Serial No.

no sooner it has reached the Vaccination age. She will report to the Health Officer any unprotected in the household coming to her knowledge and the Health Officer shall take prompt action to have these vaccinated

12. The Lady Health Visitor shall hold Anti-natal and baby clinics between 4 and 5.30 in the evenings on 6 days in the week (Sundays excepted) as per following programme

| | |
|---|---|
| Monday | Ganigarpet Dispensary |
| Tuesday | Arlepet " |
| Wednesday | Basavanagudi " |
| Thursday | Chamarajpet " |
| Friday | Mavalli " |
| Saturday | Malleswaram " |

Her work shall be only preventive and advisory and not curative She may however attend to minor ailments She will refer cases requiring Doctors interference to the proper Institutions or Professional people

13 When any pregnant or confined Gosha women or women unable to attend the clinics owing to physical disability, require her help, the Lady Health Visitor shall visit them and render help in their homes

14 The Lady Health Visitor shall visit in their homes as many pregnant women as possible brought on her list, once at least during their period of pregnancy and give them suitable advice.

15. The Lady Health Visitor shall take due notice of the prevalence of Venereal disease amongst women and infants coming under her care and give suitable advice regarding early treatment

& Revenue
cretariat File No ml 1 of 1928

Serial
No

16. The Lady Health Visitor during her visits to houses, shall take due care to see that she does not offend the susceptibilities and sentiments of the inmates

17 The Lady Health Visitor shall bring to the notice of the Health Officer any remisness of duty on the part of her subordinates The Health Officer shall intimate to her as to the action taken

18 The Lady Health Visitor shall maintain a daily record of her work and the work of the Midwives and submit a daily abstract of work turned out to the Health Officer in the form prescribed She shall also furnish the Health Officer by the 5th of each month, a brief review of her work in the previous month

19 The Lady Health Visitor shall maintain at each clinic a register in which pregnant or confined women needing help can register their names and addresses The Lady Health Visitor shall visit these as early as possible

20 The Health Officer shall prescribe the forms for reports and the manner in which registers for reco of work by the Lady Health Visitor and the midwives are to be maintained

Sanitary Commissioner M G

43) Orders have to be passed on two points

44) 1 The need for an additional lady

General and Revenue Secretariat | nil File No. 1 | of 1928

Serial No.

DEWAN'S OFFICE
26. No. 3139
No. C125

OFFICE OF THE
SECRETARY OF COUNCIL
23 AUG. 1928
No. 1762

Health Visitor the Revenue Commissioner may that there is no necessity for this may be accepted.

45) 2. Duties of the Lady Health Visitor The rules suggested by the Sanitary Commissioner are adequate and may be adopted

46) If approved the same will be communicated to the President

Bn 22/8 MD

47) Second member

48) Dewan

49) ?

50) Jm 26-8-28 Bn. 27/8

51) Secy Bn 27/8

52) Draft sent for Consideration

Sd/ 27/8/28 Secy

(for Secy)

Secy Bn 31/8

WD—Contn. Sheet

General and Revenue Secretariat | ml File No. 1 | of 1928

Serial No. 93

To The President Bangalore &c- Judicial.
" Senior Surgeon in Mysore
" Sanitary Commr. in Mysore
" Comptroller to Government
No. L 1795-8018, 4th September

Approves of the Rules suggested by the Sanitary Commissioner for the proper conduct of work of the Lady Reads Visitor, Bangalore &c-

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WD 01601—GPS—20,000—20-4-28

Ml 1-28-36 19

No C- 8
Cu-one-

CITY MUNICIPAL OFFICE
Bangalore City Dated 28th Nov 1928,
30th

GEN & REV SECTA
4 DEC 28

From
Dr. J. L. Mascarenhas, M B, C M, D P H, D T M & H
Offg MUNICIPAL COMMISSIONER
CITY MUNICIPALITY
BANGALORE CITY

2445

To

N Madhava Rao, Esq, B A, B L,
Chief Secretary to the Governmentof
His Highness the Maharaja of Mysore,
Bangalore

CHIEF SECRETARY
30 NOV 1928

Sir,

Adverting to Government Order Nos L 3352-3/Ml 22-26-30 dated 22-11-1928 and L 1410-11/Ml 22-26-106 dated 9-9-1927, sanctioning the appointment of a Lady Health Visitor for a period of one year on a salary of Rs 125/- plus Rs 50/- with two peons on Rs 12/- each and the appointment of Mrs E I Chinnappa for the post, I have the honour to state that as the term of her appointment expired on 23rd September 1928, the Municipal Council at its meeting held on 10th November 1928 have sanctioned the Continuance of the services of the said Lady Health Visitor with her staff for a period of one year from 23-9-1928 A copy of the re olution of the Municipal Council is forwarded herewith for perusal I request that sanction of Government may kindly be obtained for the same

As regards the pay of the Lady Health Visitor, the Government in their order No L 2567-8/Ml 1-28-22 dated 2/3rd October 1928 have sanctioned the proposal of the Council to raise it from Rs 125 to Rs 150/- per mensem with the usual conveyance allowance of Rs 50/-

I have the honour to be,
Sir,
Your most obedient servant,

Offg Municipal Commissioner

Forwarded with compliments
sident

**No. 16.** 5

Proceedings of an adjourned general meeting of the City Municipal Council, Bangalore, held on aturday the 10th November 1928 at 12 noon in the Council Cha ber

**Present.**

G.B Heblikar, Esq, B A., LL B , ( President )

COUNCILLORS.

1. Mr B D.Naidu,
2. Mr. H Hanumantappa,
3. Mr P Subb rama Chetty,
4. Mr Tamlal Tivari,
5. Mr B.K Garudachar,
6. Mr S N M Razvi,
7. Mr Hoskote Bhairappa,
8 Mr G Siddaveerappa,
9. Mr M C Chicknanjundappa,
10. Mr Y Muniswamy,
11. Mr K Sreekantayya
12. Mr D.Gopalakrishna Rao,
13 Mr C N Narasinga Rao, B A , B L
14 Mr A Madhaviengar, B A ,
15 Mr S Venkataranjengar,
16 Rao Bahadur Dr C B Rama Rao, M D
17 Mr N Balakrishnaiya, B A , LL B ,
18 Mr V V Japey,
19 Mr D S Govinda Rao,
20 Capt Y V Ayya
21, Mr Syed Abdul Khader,
22 Mr. D Venkataramanappa

A b s e n t.

1. Mr Belur Srinivasiengar, B A , B L
2. Mr. C K Huttappa,
3 Mr. J R Isaac,
4. Mr Khan Bahadur Mohamed Abbas Khan
5 Mr M Royan,
6 Mr B Kempanna,
7 Mr S Narayana Rao,
8 Mr Chic munisawmisa.

---

10 To sanction the continuance of the services of the Lady Health Visitor, as the appointment was sanctioned for a period of only one year by Government in their Order No L 3352-3/M1 22-26-30 dated 22nd November 1928

Resolution - Resolved that the services of the Lady Health Visitor, be continued for a period of another year from 23rd September 1928

Sd G B Heblikar,
President

"COPY"

For Municipal Commissioner

Proceedings of the Government of H.H. the Maharaja of Mysore.

2 drafts

N ML 1-28-46

Read -

G.O No.L 3252-3/Ml 26-26-50 dated 22-11-1928 sanctioning the entertainment of a Lady Health Visitor in the Bangalore City on a pay of Rs 125/- plus Rs 50/- -- conveyance allowance for a period of 1 year in the first instance with two peons on Rs 12/- each

2 G O No L 1410-11/Ml 21-26-106 & dated the 9th September 1928 sanctioning the appointment of Mrs E I Chinnappa as a Lady Health Visitor in the Bangalore City Municipality on probation for one year on a pay of Rs 125/- plus Rs 50/- conveyance allowance per mensem

3 G O No L 2567-8/Ml 1-28-22 dated 3rd October 1928 sanctioning the resolution of the Bangalore City Municipal Cl. to raise the pay of the Lady Health Visitor from Rs 125 to Rs 150/- with the usual -- conveyance allowance of Rs 50/- with effect from 21st July 1928

4 Letter No C 1 143 dated 30th November 1928, from the Municipal Commissioner, Bangalore City stating that the term of the appointment of Mrs.E I Chinnappa as Lady Health Visitor expired on 23rd September 1928 and the Municipal Council have resolved to continue the --- services of the said Lady Health Visitor ~~with her staff~~ for another period of one year from 23-9-1928 and requesting sanction thereto.

---

To

(22

2.

ORDER NO L 4881-2

Dated, Bangalore the 25 December 1928 & Jany 1929

Sanctioned

DRAFT)

Chief Secretary to Government

To

The Pdt City Municipal Cl B'Lore.
The Comptroller to Govt.

K M R 1.
6/12

Proceedings of the Government of His Highness
the Maharaja of Mysore.

(23

------

R e a d :-

Government Order No.L.3252-3/Ml.22-26-130 dated 22nd November 1926 sanctioning the entertainment of a Lady Health Visitor in the Bangalore City on a pay of Rs.125/- plus Rs 50/- conveyance allowance for a period of one year in the first instance with two poems on Rs.12/- each.

2. Government Order No.L.1418-11/Ml 22-26-106 dated the 9th November 1927, sanctioning the appointment of Mrs. E.I.Chinnappa as a Lady Health Visitor in the Bangalore City Municipality on probation for one year on a pay of Rs.125/- plus Rs 50/- conveyance allowance per mensem.

3. Government Order No L.2567-8/Ml 1-28-22 dated 3rd October 1928 sanctioning the resolution of the Bangalore City Municipal Council to raise the pay of the Lady Health Visitor from Rs.125/- to Rs 150/- with the usual conveyance allowance of Rs 50/- with effect from 21st July 1928

4. Letter No C 1 143 dated 30th November 1928, from the Municipal Commissioner, Bangalore City, stating that the term of the appointment of Mrs E I Chinnappa as Lady Health Visitor expired on 22nd September 1928 and the Municipal Council have resolved to continue the services of the said Lady Health Visitor for another period of one year from 23rd September 1928 and requesting sanction thereto

Order No.L 4881-2/ml 1-28-46

Dated, Bangalore, the 25th January 1929.

S A N C T I O N E D.

M. Sama Rao

For Chief Secretary to Govt.

To

The President, City Municipal Council, Bangalore.

The Comptroller, Mysore Government

mk.5.

A P F VI G1]

SUBJECT

9 (24

Diary No of letter replied to L 24413

General and Revenue Secretariat

( )

the 192

Date of issue 25/1/29

Signed by Mrs I Subbayya

List of enclosures

Copied by

Examined by

Section MC I

File No 1-28

Serial No 47

No L4883

To The President City Municipal Council Bangalore

Sir

In Continuation of the Govt No of L 4881-2 dy 28-1-29 MCI-1846 sanctioning the resolution of the Municipal Council to extend the term of appointment of Mrs E I Chinnappa Lady Health Visitor Bangalore City Municipality, from 23-4-1928, for another year I am directed to request you to submit a report as to the nature

over and

WD0926—GPB—30 000—26-5-27

(D)

/25

and amount of work turned out by the Lady Health Visitor during the past 15 months to enable them to judge how far the appointment is serving any useful purpose

As regards the Continuance of the services of the two temporary peons working with the Lady Health Visitor I am directed to state that the Municipal Council itself can sanction the same establishment

I have to

21/1

for Chief Secretary

to Govt

26

No C-1-375 annl 7 reports & 2818

CITY MUNICIPAL OFFICE
Bangalore City Dated 1st/4th March 1929

Rl 1-28-57

From

C MACHIA, ESQ , B A
President, CITY MUNICIPALITY
BANGALORE CITY

REV SECT
G 8994
5 MAR 1929
L & L BRANCH

To

N. Madhava Rao, Esq , B A , B L ,
Chief Secretary to the Government of
His Highness the Maharaja of Mysore,
B a n g a l o r e

Sir,

With reference to your letter No L 4683/M1 1-28-47 dated 25th January 1929, calling for a report as to the -- nature and amount of work turned out by the Lady Health -- Visitor during the past 15 months, I have the honor to state that the Lady Health Visitor was appointed on 23rd September 1927 and the diary for enclosed will show the nature of her duties and as regards its amount, she has examined and advised regarding their health, 3,032 women and 5,028 children and has seen 2,137 parturient women after delivery In addition, she has been attending to the duties of the -- anti-natal and Baby clinic works in the six Municipal dispensaries on 6 working days of the week, as per instructions of the Senior Surgeon, from 15th November 1927 I am enclosing the Lady Health Officer's report and Health Office 's opinion I would say that the work of the Lady -- Health Visitor is strenuous and two would be required to do justice to the requirements of the City

I have the honour to be,
Sir,
Your most obedient servant,

Chacha
PRESIDENT

SM

Report of the Lady Health Visitor, Bangalore City Municipality, for fifteen months ending with 31st January 1929.

---

I was appointed by the Municipality as Lady Health Visitor as per Government Order No. 3353-3/M1.22-26-30 dated 22nd November 1926. I entered upon my duties on the 23rd September 1927. The duties assigned to me as Lady Health Visitor then and subsequently increased are as follows.-

1. Inspection of maternity cases conducted by municipal mid-wives, private mid-wives and dais.
2. House visiting and giving advices on sanitary, Hygienic and general health conditions and doing propoganda work.
3. Visiting, examining and treating pregnant women and giving to them advice as to how the antenatal care of mothers would help them through confinement and the difference it would make in the health of the babies.
4. Examining and treating children and women at times.
5. Reporting unprotected cases.

I adhered to this programme of work assigned to me for about three months when in addition to this work, which I was still doing in the mornings and evenings, work totally different was further assigned namely that of a Lady Doctor. This new work involved my attending the municipal dispensaries, one on each day of the week, excepting Sundays, in the evenings. It included the following additional item

1. Examination of pregnant women and treating and advising them (Antenatal clinics).
2. Examination of children and conducting baby clinics.
3. Prescribing for and treating women of all diseases.
4. Propoganda work - educating people on sanitary, hygienic and health conditions.

I willingly accepted to carry on these additional items of work as they were very important leaving to the authorities the providing of the required facilities, for this new kind of work.

Time spent.-

(24

Time Spent:-

(a) In the mornings:-

The heavy programme of the work in the mornings has kept me busy between three to four hours a day and the amount of tramping I have to do is well over ten miles a day. I have been using a car for this purpose and I am therefore able to carry on a greater amount of work and that more quickly than I could do with any other conveyance. ( I have tried my work with a carriage also, but I have failed to do even half the amount.) The car has to be dispensed with often every day to walk through the lanes and remote corners of the city. (For three months I used to spend four to five hours out in the mornings, and visit 50 to 60 houses, doing the propoganda work).

(b) In the evenings:-

Although the time specified by the Municipality is only an hour and a half between 4 and 5.30 P M., the women and children keep on coming till about 6.30 P.M., so that the time spent by me on the evening work in the hospitals is between two to three hours a day.

(c). In the afternoons:-

I have been given fairly heavy clerical work which includes (i) the submission of daily diaries, the columns of which cover four foolscap size papers. These diaries are required to be submitted to the Health Officer every day before 3 P.M. (ii) Carry on correspondence with the Health Officer in the matter of reports of leave to and transfers of midwives, and complaints against them. (iii) Making notes of the examinations of their kit boxes and registers maintained by them and indenting supplies of articles for midwives from the Health Office. (iv) Correspondence with the midwives themselves (v) Copying the prescriptions and remarks that I write for women and children in the evenings in the corresponding registers maintained for the purpose. All this takes not less than two hours a day.

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In addition to this early in the mornings before I leave for my work and in the midday and in the evenings after my return patients with children come to my house for consultation and I have to attend to them. Thus practically half the day or 12 hours are spent by me on my work. I have been given clerical assistance of a Dufferdar for only an hour who will have to be helped by me all the time. (Also morning dispensary work in digging water in connection with conservancy).

Quantity of work:-

The table annexed herewith shows the quantity of work in terms of the number of cases attended to by me both in the mornings and evenings.

I had a good deal of up-hill work to begin with and many impediments were in my way, of which the following three types may be mentioned.

1. People's prejudices and fears.-

In the beginning to secure admission into the houses of people was well nigh impossible. Women and even men at times feared that a Government Doctor's visit to them would only mean more harm than good. They seem to think that their own methods and ways of treatment might be reported to Government. As the control of affairs of pregnant women and confined women people in a household were entirely in the hands of elder house mothers, they were officially averse to my going to their houses and see their people. This attitude of theirs I had to overcome by standing at their doors for considerable amounts of time and explaining to them that I was only a friend and well-wisher and that I had come to teach them the right method of treating the expectant and confined mothers, and young babies and at the same time to show them the bad results of their own methods. Eventually however by the results that they themselves saw of my treatment and advice they were slowly won over. These difficulties

still

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Still exist but with persuation and patience I am slowly convincing the women folk. It is very pleasing to observe how that most of them now that it is easier and safer to follow my methods and consequently instead of shunning me from their doors they wait for me at their doors and I am now welcomed every day.

II. Obstacles from (a) Dais and (b) professional and private midwives

It is well known that all localities have dais otherwise known as harbor women. Here it will be necessary to mention the cruel practices these were adopting to show the difficulties which I had to overcome from them.

1. Starving or half starving the mother continuously for three days after confinement in spite of her being fully exhausted.

2. Confining her, in a dark, unventilated corner room to avoid her being seen and thus prevent her from enjoying air and light. These practices were followed by the so called trained and untrained dais to please the women folk lest they should become unpopular if they did not yield to their wishes. Even trained midwives were found to yield to women folk just to satisfy the people for fear of losing their practice.

3. Collecting the milk of different mothers numbering about a dozen, leaving it for a whole day and nursing the babies with it for the first few days, denying to it its own mother's milk owing to certain superstitions.

4. Administering too much of castor oil.

5. Branding the tender innocent babies in different places sometimes numbering up to 30.

6. Feeding the baby at all times and causing indigestion, fits &c.

My efforts to change these practices met with resentment at first both by the dais and the inmates of the house hold. One can imagine the nature and the magnitude of the difficulty one meets

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facts when one is trying to overcome these oppositions especially when these practices are prompted by long cherished sentiments and time-honoured rules and regulation of family life. But I am glad to say that slow and patient work with the people and daily including demonstrations of the evil effects of these practices has brought home to many a household the value of proper methods I have been able to apply. Now many women folk understand the usefulness of my advice and they have begun to be known. Besides these, today I have under my inspection 30 to 35 dais who are friendly with me; they take medicine to their patients regularly from doctors, send for the midwives when they need their help and thus co-operate with me and my staff. The result of the morning work in connection with the pregnant women is seen from the increase in the number of women attending the antenatal clinics in the evenings. I am also glad to report that men are beginning to take more interest about their pregnant women than they did before.

The midwives, who as I stated above worked according to the people's desire just to please them, have today discontinued all wrong methods and are now doing very satisfactory and honest work. They know now that the Lady Health Visitor will object to their wrong methods even if they please thereby the women folk and will appreciate their work and method if they are correct and will also defend them before women folk, who might object to the practice of right methods. People have begun to have faith in their services and they indent for their service more and more. Hence the number of cases conducted by them are increasing.

III. The third difficulty is from some enlightened and well-to-do people. Some of them seem to think that the Lady Health Visitor was appointed to attend cases and with that belief they often requisitioned for my presence and service for the conduct of cases. They not only the divisional midwife as they thought that a doctor is any day better than a midwife. The impossibility was made known to them and they are not pressing for my attendance.

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Kanagar in extreme cases where midwives wanted my personal help, I have given it. Also in the case of Ghosha women who cannot conveniently come to the dispensaries, I have invariably called on them and done the needful.

These difficulties apart, I have been getting on with my morning work. I inspect by localities every case conducted by the municipal midwives, private midwives and dais that is reported to me. The mother and the child are examined, as to their condition, diet and the habitation. The people of the household are told to keep the mother and baby in ventillated rooms and hygienic conditions in warm beddings as much as they can provide for them. A good majority of the cases I visit and inspect are of the poor and working classes, who generally live in meagre houses and huts and sheds. I have been able to gather old clothings from my friends and provide the needed infants at times. If any abnormal case is found the patient is thoroughly examined, medicine is at once prescribed, treatment offered and the case watched and the midwives are asked to report progress to me.

In addition to this I have been regularly visiting twice a week the Creche at Balamatt opened by the Maternity and Child Welfare Association and giving directions to the Nurse there in the matter of diet medicines etc., and visiting Gangammacherry area with one of the ladies of the Association once a week.

From this I pass on to my evening work. This work as I have stated elsewhere is five-fold.

<u>1. Antenatal clinics:-</u>

I examine pregnant women for three things viz., abnormality, disease and weakness. In the case of normality however I follow them up to full time and leave the cases carefully in the hands of the midwives. In the case of abnormalities some of them are diagnosed and corrected by The rest are given warning in time

and sent by their relatives to the maternity hospital. Half a dozen young mothers who had abnormalities had safe confinement in the Maternity. I also use the authorities of the maternity about my cases. In the case of any diseases they are treated with hospital or patent medicines. In the case of weaknesses, tonics are given and nourishing diet is advised.

In this connection I should like to mention that several cases of frequent abortions, four months, six months and eight months have been treated by me successfully. The mothers are happy that they have new living babies.

Several cases of uterine displacement have been corrected manually by me and a few cases of sterility have been treated and there are two such cases now coming on to full term.

In addition to these, the pregnant women are advised about their teeth, clean habits, regular diets, preparation for the time of their confinement, the prevention of sepsis and care of infants. Men concerned also have been called upon and talked to about their responsibility in arranging for bringing qualified midwives in time and having all the requisite things in time. As a result of this the attendance at the antenatal clinics is increasing and also very encouraging.

8. Baby Clinics:-

Each baby is weighed and the weight is made known to the mother who appreciates the regular increase in the case of healthy babies. The weak babies are examined for diseases, the mothers are advised to bring the babies every week and to administer the tonics and medicines prescribed for them. The rickety and wasted babies are prescribed patent medicines, fruit juices and instructions to mothers are given to carry on the treatment for a length of time till the babies show signs of improvement and definitely begin to gain weight. Advantage is also taken of the presence of such babies to talk to several mothers their aggregate as to how they

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these diseases are caused and how they could be prevented and cured at the earliest. One chief thing I do in the baby clinics is to impress upon the mothers the importance of the health of the baby and its regular feed. The mothers are educated to understand how the regular feed of the babies keep them healthy.

3. Treatment of General diseases of women.

Many women suffering from several diseases come to me in the evenings for treatment. They are prescribed and treated and some of them are asked to go to the Victoria or Maternity Hospitals.

4. Unvaccinated children.

The children after the third month are examined and mothers are told to get them vaccinated. Such cases are reported to the Sub-Registrar.

5. Propaganda Work.

Mothers are talked to whenever I come in contact with them in the morning and in the evening about the cleanliness of the houses and cleanliness of their babies and of themselves. Directions about diet are given both for them and for their babies. They are told also of the necessity of and the way of getting fresh air and light for them and their children.

6. Conclusion.

I am glad to report that the Bangalore City Municipality has undertaken this great and useful work among women and children. Although it is increasing day by day in numbers, people are yet to know about this work and benifit by it. I sincerely hope that this small beginning will not stay at this stage but will increase in the number of workers and in work and will benifit the city of Bangalore and ameliorate the ignorant and the suffering, so that the work may become a blessing to women and children.

E J Chinnappa.

LADY HEALTH VISITOR. (8.4.27)

No 414
18-2-29

(55)

# BANGALORE CITY MUNICIPALITY

## Public Health Department.

**Daily Inspection Report of Lady Health Visitor for February 1929**

**Bangalore City ..16.. 4 ... 1929.**

**1 Locality or Division visited** Divisions I + IX

**2 Name of Midwives attached to the Division** Jayaseelamma
Kamalamma

**3 Number of labourer cases in the Division conducted by the Midwife seen by the Lady Health Visitor and notes of inspection thereon**

Division I Two cases

Subedar Chatram Rd 1 5th day mother + baby normal but advised to mother baby branded advised + asked the boy not to come as father which she died

2nd day Normal case But y it is dirty talked to people about diet + my food to baby Rx medicine for mother 1 or 3 days

Division IX + one case

Iffla main Rd 7th day mother very weak I realise by maternity kept doctor advised diet and simple meals

**Number of labour cases conducted by the Midwife during the previous week and notes of inspection thereon**

Jayaseelamma Three cases

Shettadarpet main 2nd main Rd 1 5th day mother + baby in good condition Very satisfactory

2 2nd day Normal case, advised diet to mother, breast feed to baby

1st main Rd 3 7th day mother baby very well only regular feed to baby advised.

Kamalamma One case

4th cross Road 8th day In good condition very well kept well + attire

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9, Suggestions to improve the general Health conditions of the women and children in the locality

Remarks

Dated 192 1/8/29

E J Chinnappa
Signature of Lady Health Visitor

50 SD 4 SCHS BANGALORE CITY

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STATEMENT SHOWING THE NUMBER OF LABOUR CASES
CONDUCTED BY THE MUNICIPAL MIDWIVES
AND SEEN BY THE LADY HEALTH VISITOR

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CASES CONDUCTED BY THE MUNICIPAL MIDWIVES for the Year

| | |
|---|---|
| 1924 | 1208 |
| 1925 | 1382 |
| 1926 | 1331 |
| 1927 | 1306 |
| 1928 | 1349 |

| Month - | No of cases conducted by the Midwives | No Seen by the Lady Health Visi[tor] |
|---|---|---|
| January 1928 | 98 | 79 |
| February " | 114 | 75 |
| March " | 104 | 71 |
| April " | 106 | 64 |
| May " | 113 | 74 |
| June " | 108 | 83 |
| July " | 114 | 69 |
| August " | 119 | 72 |
| September " | 123 | 76 |
| October " | 127 | 75 |
| November " | 114 | 79 |
| December " | 104 | 55 |
| | 1349 | 852 |

Health Officer,
Bangalore City

K S Rao

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# BANGALORE CITY MUNICIPALITY

## Public Health Department.

**Daily Inspection Report of Lady Health Visitor for February 1929**

**Bangalore City ....19....4.... 1929.**

1 **Locality or Division visited** Division 4

2 **Name of Midwives attached to the Division** S Kanickam

3 **Number of labourer cases in the Division conducted by the Dais seen by the Lady Health Visitor and notes of inspection thereon**

Seven cases

T C Road 1 8th day mother & baby in normal condition baby at Brandeth Hedar seen and advised

T C Road 2 12th day mother & baby well though mother looked fairly weak some and diet advised

Sreenivasamurthiah Rd 3 7th day mother very well baby fairly known, given direction to keep the baby warm & feed regularly but advised to mother

Hospital Road 4 4th day mother not allowed to be seen, and she was ~~very well~~ quite y on very well baby seen not at condition Diet advised to mother

Basavangudi lane 5 5th day 1st day 1st child normal all well Diet advised to mother who is one they were only + women and mother listened to the words + promised to give proper diet

Rukmaya lane 6 5th day mother & baby in good condition

mukundsetty lane 7 6th day mother & baby well talked about diet to mother & they feed to baby to several people & they all listened to very well

4. **Number of labour cases conducted by the Midwife during the previous week and notes of inspection thereon**

S Kanickam One case

Nelapetah mosque lane 8th day mother & baby good midwifes advice followed to every word Satisfactory

41 yrs

5 Number of Pregnant women examined and nature of advice given in each case — Six pregnant women in the morning and advice given as was necessary

6 Remarks on the Sanitary condition of the houses visited and nature of action to be taken by the Health Department to improve the existing state — good

| | |
|---|---|
| The number of women and children examined at the Dispensary and nature of clinics held in connection with Maternity and Child Welfare | 24 women + 28 children antenatal + baby clinics<br>11 pregnant women attended the antenatal clinic were examined, treated, + advised and one case sent to ~~hosp~~ maternity hospt for treatment at once.<br>13 ~~pregnant~~ other women present a few examined + treated, others given directions + advised to go to vrtora hospt<br>28 children attended the baby clinic were examined the sick + the weak ones treated + the mothers advised |
| 8 Name of unprotected children with their addresses | No case seen in the morning<br>6 names and addresses noted down |

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December

5 Number of Pregnant women examined and nature of advice given in each case

Six pregnant women were examined and the necessary advice given to them asked to attend the clinic on monday

6 Remarks on the Sanitary condition of the houses visited and nature of action to be taken by the Health Department to improve the existing state

Fairly good Necessary directions & advices to improve the existing

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Division VI

| | | |
|---|---|---|
| 7 | The number of women and children examined at the Dispensary and nature of clinics held in connection with Maternity and Child Welfare | 3 women + 9 children<br>1 pregnant woman attended the antenatal clinic, was examined, advised + treated<br>2 new women were examined for new diseases + treated<br>9 children attended the baby clinic were weighed, examined, treated + the mothers advised |
| 8 | Name of unprotected children with their addresses | 4 names + addresses noted down |

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9 Suggestions to improve the general Health conditions of the women and children in the locality

Remarks

Dated 25. N 1929

25-2-29

Signature of Lady Health Visitor

BOARDMAN & CO(M). BANGALORE CITY

Statement Showing the Statistics of the Lady Health-Visitor Bangalore City from October 1927 to the end of January 1929.

| | | MORNING | | | | EVENING | | | | |
|---|---|---|---|---|---|---|---|---|---|---|
| NO | Names of Months | No of Cases by Dais | No Boarded | No of Cases by Midwives | No Boarded | No of Pregnant Women | No of Pregnant Women | No of other Women | Children | No of unprotected Children | |
| 1 | September 2nd 1927 | | | 15 | | 14 | | 63 | | 37 | |
| 2 | October " | 39 | | 81 | | 145 | | 215 | 104 | | No dispensary work |
| 3 | November " | 42 | | 84 | | 164 | | 305 | 127 | 43 | |
| 4 | December " | 49 | 31 | 87 | 10 | 26 | 104 | 176 | 216 | 16 | |
| 5 | January 1928 | 55 | 27 | 62 | 8 | 24 | 116 | 126 | 287 | 20 | |
| 6 | February " | 89 | 31 | 76 | 8 | 19 | 132 | 130 | 335 | 35 | |
| 7 | March " | 98 | 38 | 68 | 14 | 29 | 78 | 126 | 407 | 70 | |
| 8 | April " | 61 | 36 | 71 | 16 | 34 | 91 | 96 | 351 | 67 | |
| 9 | May " | 80 | 40 | 75 | 18 | 75 | 147 | 122 | 417 | 89 | |
| 10 | June " | 86 | 42 | 63 | 12 | 57 | 105 | 98 | 361 | 68 | |
| 11 | July " | 117 | 63 | 101 | 16 | 81 | 153 | 178 | 448 | 49 | |
| 12 | August " | 115 | 40 | 95 | 11 | 98 | 147 | 141 | 405 | 66 | |
| 13 | September " | 98 | 31 | 77 | 12 | 93 | 153 | 100 | 299 | 67 | |
| 14 | October " | 96 | 28 | 72 | 7 | 102 | 171 | 150 | 383 | 129 | |
| 15 | November " | 100 | 8 | 81 | | 123 | 166 | 175 | 394 | 129 | |
| 16 | December " | 57 | 9 | 56 | 1 | 79 | 81 | 87 | 210 | 58 | Xmas Holidays |
| 17 | January 1929 | 82 | 7 | 83 | 3 | 131 | 186 | 164 | 236 | 91 | |
| | Total | 1264 | 431 | 1246 | 136 | 1294 | 1796 | 2458 | 5177 | 1074 | |

G J Chinnappa
Health Officer
Bangalore City

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Copy of Memo No To 1429 dated 27th February 1922, fro the Health Officer, Bangalore City, to The President, City Municipality, Bangalore

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In response to your personal order to submit a report on Lady Health Visitor's report dated 19th February 22, I have the honor to state as follows --

I had not called for any report from the Lady Health Visitor and the report has been submitted when 2 Memos copies of which are hereto attached were sent to her

Anent the report, I have to state that in it the magnitude of work she has shown is rather exaggerated and it would be conceded when a comparision is made with the duties entailed on Lady Health Visitors of C & M Station, Bangalore, and of Madras City From the blank form of Diary attached hereto and from some of the filled up diaries, it would be made out that the work imposed upon her has not been heavier than that prescribed in the 2 places mentioned above As regards Preaching for and treating women of Disease heading No 7 in the Diary form would show that this duty is not imposed upon her If she has been doing this item of work, she has been doing it of her own accord

The Lady Health Visitor has not been seen to reach any Dispensary in the City to meet the Midwife and Sub Registrar before 8 A M and she has often been seen leaving the Division by 10 in the morning and the work does not amount to more -- than 2 to 2½ hours

Every case conducted by the Midwives is not seen by the -- Lady Health Visitor, is evident from the statement attached hereto

Her work as could be made out from the diaries attached -- does not take more than 2 to 2½ hours She could do at least 2½ to 3 hours work from 7 to 10 in the mornings for it is advantageous to start as early as possible, for, the women whom the lady Health Visitor has to cater would be engaged in domestic work of various kinds after 10

The attention of the Lady Health Visitor has been drawn to omissions in filling up Columns Nos 6 and 9 and she will not be

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The total amount of writing matter comes to one and a half page, though the form has four pages

Mrs Chinnappa has not been the first Lady Health Visitor that Bangalore City had There was one Mrs A Stafford and from the attendance of women at the Municipal Dispensaries in the mornings and at the Maternity Hospital it cannot be fully conceded that women and men have ever had such fears of Lady Health Visitor's visits I admit that there are some people who have certain prejudice and these form a very small percentage. I have been doing inoculation and vaccination work in the City and am thus able to state that the people having any such prejudice are a very small percentage

From the number of labour cases conducted by the eight midwives in the City for the last 4 years, it would be seen that there has hmmm not been any drastic change brought in the attitude of men and women During the year 1928, the year during which the present Lady Health Visitor has worked, there had been a fall in the number of cases conducted by the eight Midwives compared with the average, Viz , 1,337 for 3 years, viz , 1925, 1926 and 1927 and if the number for 1928 is 1,349, it is due to 38 cases conducted by the 9th Midwife who was appointed from 16-8-1928

| | | |
|---|---|---|
| 1925 | 1,382 | |
| 1926 | 1,331 | |
| 1927 | 1,306 | |
| 1928 | 1,349 | |
| | 1,311 | 38 |

The Lady Health Visitor commenced her evening work only in December 1927 and it is really commendable if she has treated "several cases of frequent abortions, four months, six months, and eight months", but it is very rare that such successful results could be obtained in "several cases" within such a short period as 13 months On the whole, I reiterate that the report is exaggerated and requires to be drawn as per diaries.

As far as Clerical work is concerned, besides the diaries and the work at the Dispensary there has not been much clerical work The 2 items of work mentioned have to be done by every Officer in the Government Service Her leave application submitting leave applications from [illegible] comes in no

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more than twice a month If there has been laborious writing -- work, it is writin such reports like the one submitted on 16th February 1929 Such a report has to be drawn up by the Officer herself as the ideas could not emanate from a Clerk

I had made a provision for a Clerk for her in the current year's budget and I have again asked for one on Rs 20/- in the next year's budget

I may be permitted to mention that I desired to have two -- Lady Health Visitors one for the northern and the other for the southern portion of the City and I wanted to get them preferably from Poona from Mr Devadar's Institute But my proposal was turned down and the Council passed a resolution to appoint a -- Medically qualified person and the appointment was advertised and one of the applicants was Mrs [illegible] I Chinnappa and she was appointed As she was qualified to practice medicine surgery and Midwifery, she was allotted the duty of giving clinics in the evenings from 4 to 5 30 P M and if she has been attending to other cases in the Dispensaries in the evenings, she has -- been doing it of her own accord as said above for she has to -- give clinics only on Maternity and Child welfare and these are the legitimate duties of every Lady Health Visitor

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"C o p y"

For President

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DETAILS OF DUTIES TO BE PERFORMED BY THE
LADY VISITOR HEALTH DEPARTMENT C & I
STATION BANGALORE

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1 Supervision over the work of the Midwives

The cases conducted by them should be carefully checked and verified Also the pregnant women under observation by the Midwives should be examined from time to time and the names verified after theconfinement While checking these cases the Lady Health Visitor will make the following enquiries

1 As to the status of the party
2 Whether the confinement was fully performed by the authorised Midwives concerned The confined person and the infant should be visited by the midwife for at least 10 days after birth.
3 Whether any abnormal cases such as twins abortion premature birth etc have been noticed the midwives shall report these promptly to the Lady Health Visitor
4 General Sanitary condition of the house
5 Whether the Midwife concerned has given suitable advice regarding feeding and general care of also to see if the naval cord has been properly cut and dressed mothers should be advised against the practice of applying new born infants
6 Whether the instruments etc used have been kept clean
7 Whether any of the inmates of the house are not protected by vaccination against small-pox

N B - In cases where hospital treatment is necessary such as difficult labour the midwives seek the advice of the Lady Health Visitor who will refer the patients to be sent to the Maternity Hospitals

II Daily visit to the creche No 42 Cockburn Road at 9 A M every day to see that the charge nurse attends to her duties the articles of food bathing utensils etc should be looked into The creche should also be visited in the afternoons not less than three times a week

III Periodical visits to Gosha houses and also visits to pregnant women in Parachemeries and in such cases the Sanitary Overseer of the Division shall render all assistance

Reports to be sent up -

(i) Latrines bathing places

(ii) Ventilation of houses i e the general sanitary condition of the houses visited during such inspections

(iii) The particulars giving names and etc of children adult females found unprotected by Vaccination against small-pox and to perfrom vaccinations

IV All the Girls' Schools in the Civil and Military Station per list herewith shall be visited once at least during the month special attention being paid to children found unprotected against small-pox and to the provision of the suitable sanitary arrangements A seperate book shall be for this purpose and sent to the Health Officer once every month usually expecting any urgent matter should be brought to the notice of the Health Officer as early as possible

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V The occurence of any of the Notifiable diseases as per notice attached shall be reported to the Health Officer without delay

VI Examination of Goshe women that may be bitten by dogs

VII The six Municipal Midwives the Nurse in charge Municipal Creche and the Ayas attached thereto shall work under instructions of the Lady Health Visitor who will report on all such matters to the Health Officer

VIII The Lady Health Visitor shall work three hours in the mornings commencing at 7 or 7 30 and against for an hour and a half in the evenings i e from 2 30 to 4 P M every day excepting on Sunday and other authorised Christian Holidays

IX The following books shall be kept by her -

(1) A daily report in Diary form to be submitted to the Health Officer of the work done the previous day

(2) A register showing the houses inspected for sanitary reasons to be sent to the Health Officer once every week

(3) A register to enter the visits to Girls' Schools and action taken(para IV above) to be submitted at the end of every month

X The Sanitary Inspectors, Deputy Superintendent of Vaccination Circles, Overseers and Peons, Vaccinators and Vaccinatrix, and out-door statistical Staff shall render all possible assistance to the Lady Health Visitor so far as her duties are concerned

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"C O P Y"

Health Officer,
Bangalore City

K S Rao

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# DUTIES OF LADY HEALTH VISITOR

## MADRAS CORPORATION

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The Health Visitor shall work under the Doctor in charge of the Centre to which she has been posted Each Health Visitor shall be in charge of an area of the City portioned out in the plan for the whole scheme During the absence of the Doctor the Health Visitor appointed by the Lady Superintendent shall be in charge of the centre and be responsible for order and discipline and conduct of the Midwives at the centre

The Health Visitor shall implicitly carry out all orders and instructions given to her by the Doctor

The Health Visitor shall take on to her books every infant who is 10 days old and keep that infant under observation until the said infant attains the age of one year She shall supervise the work of the midwives in the home by visiting an infant within the first ten days of birth and report to the Doctor in charge the results of her visits

The Health Visitor shall visit every infant registered in her books once at least every month and as often as is necessary in cases needing medical assistance She shall promptly bring to the notice of the Doctor every case of an infant sick at home and act upon the instructions received from her

She shall advise every parent or guardian of such infants to take them to the centre for medical advice and treatment

The Health Visitor shall promptly bring to the notice of the Doctor all complaints and reports she hears during her out door work about the work of the Midwives

The Health Visitor shall daily report herself at the centre precisely at 7 A M and start on her rounds Her hours of duty shall be from 7 A M to 11 A M and 4 P M to 5 P M

Where the mother is unable or unfit to nurse her baby or when she is prohibited under medical advice from doing so, the Health Visitorshall recommend to the Doctor that the infantbe given milk both morning and eveing, the quantity given to such infant being decided by the Doctor according to a scale fixed by the Superintendent

The Health Visitor shall maintain registers showing a list of cases taken over by her from the Midwives She should note down her remarks every time she visits mothers or infants

The Health Visitor shall, as far as possible, get into touch with the pregnant mother in her range and maintain a register showing the names and addresses of such. She should advise them to call for a midwife's assistance at the time of labour from the Centre to which she is attached

The Health Visitor shall promptly report to the Doctor any case of sepsis, illness of the infant or mother, she is visiting and act according to the Doctor's advice

The kind of advice needed during house visits is indicated below -

1 The Health of the expectant mother is a point of considerable importance She shall be encourged to provide nourishing food for herself in accordance with her means

2 The mother must be advised to wear light and clean clothing No part of the body should be constricted by clothing

3 Presence of a septic focus or foci in any part of the mother's organism will be a source of danger to the infant Decayed teeth, or Pyorrhoea Alveolaris should not be neglected

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4 The care and conditions of the breasts should be enquired into Cleanliness of the breasts and of the nipples in particular is of the utmost importance Cracked nipples may best be avoided by strict cleaning and application of some emollient

5 Constipation is a common trouble amongste pregnant women and should be carefully dealt with The occasional use of castor-oil or some otherapperient may be useful But the best way to relieve this condition is by attention to the diet

The sanitary conditions of the home, its order and cleanliness are matters of much importance and could on no account be neglected in the course of visits made by the health Visitor She should advise the head of the family visited by her to keep the back-yards well paved and drains well covered and to avoid stowing of filth and Garbage in the vicinity of the house

6 Infants should be provided with cotton clothing and must not be exposed to the vicissitudes of the weather Advice as to the importance of breast-feeding should be given

Health Visitor's books and records shall be submitted to the Doctor or the Superintendent as often as required Books and Records should always be left in the centre

A Health Visitor shall reside in quarters provided for the purpose A Health Visitor who may be married and whose husband may be living in the City may reside within the area of her work with the approval of the Superintendent

All Official correspondance with the Superintendent of the Scheme shall be through the Doctor in charge of the Centre

---

"C O P Y"

Health Officer,
Bangalore City

K.S Rao.

Appendix F G—1

SUBJECT

(ST

Diary No of letter replied to 3994

General and Revenue Secretariat

( )

the 192

Date of issue 14 5 1929

Signed by Mr C Ekambara Rau

Section ML

File No 1-28

Serial No 74

No L 7532

Enc 2

To

The President

Bangalore Mg

Municipal

Sir, Adverting to G O No 4881-2 — ML 1-28-46, dated the 25th Jan 1929, saneg the Continuance of the services of the Lady Heal Visitor in Bangalore Mg for another Year from 23rd Sepr 1928, I am directed to forward herewith Copies of notes from the Sany Commr & Senior Surgeon dated 6th & 24th April 29

over

A and with reference to correspdce ending with your letter No C-1-375 of 28-29 dated 4th March 1929 forwarding a report as to the nature and amount of work done by the Lady Health Visitor

st of enclosures

Copied by

Examined by

WD 0399—GPB—20,000—18 9 28

and to request, that,
in the light of the above
notes ~~[illegible]~~ the work of the Lady Health Visitor
~~Of her work~~ may be defined suitably
with a copy of the memo defining her duties submitted
~~Checked and Audited~~

to Govt very early

2 I am to add
that the ~~matter of~~ recommendation to
~~authorise~~ an additional Lady Health
visitor for the city may
be considered by the
Municipal Council.

I have etc,

BR 12/5

C.B. Gene Secy to Govt
7 5 29

H/5/29

GOVERNMENT OF HIS HIGHNESS THE MAHARAJA OF MYSORE

General and Revenue Secretariat

Dated Bangalore 11/5/1929

No L 7632
me 1-28 74

From

B NARAYANASWAMI IYENGAR Esq., B A B L
General Secretary to the Government of His Highne the Maharaja of My o e

To

G.Mabbia, Esq., B.A.,

President, Bangalore City Municipal Council

Sir

Adverting to Government Order No.4881-2/M1 1-28-46 dated the 25th January 1929, sanctioning the continuance of the services of the Lady Health Visitor in Bangalore City for another year from 23rd September 1928 and with reference to correspondence ending with your letter No.C-1-375 of 28-29 dated 4th March 1929 forwardi a report as to the nature and amount of work done by the Lady Healt Visitor, I am directed to forward herewith copies of notes from the Sanitary Commissioner and Senior Surgeon dated 6th and 24th April 1929 respectively and to request that in the light of the above notes the work of the Lady Health Visitor may be defined suitably and a copy of the Memo defining her duties submitted to Government very early

2. I am to add that the recommendation to appoint an additional Lady Health Visitor for the City may be considered by the Municipal Council.

I have the honour to be,
Sir,
Your most obedient servant,

Sd/- B Narayanaswamiengar

General Secretary to Government

(Dfd)

mk.2.

No C-1-715/1eme 28-29

CITY MUNICIPAL OFFICE
Bangalore City Dated 11th June 19 29

GEN & RTV & S. 5567
15 JUNE 1929
L & S

438 FROM

C MACHIA, Esq, B A,
PRESIDENT
CITY MUNICIPALITY
BANGALORE CITY

Mc 1-28-81

SECTT BR
13 JUN 1929
by
SECTION

To

B Narayanaswami Iyengar, Esq, B A, B L,
General Secretary to the Government of
His Highness the Maharaja of Mysore,
Bangalore

Sir,

With reference to Para 2 of your letter No L 7562/M1 1-28-74 dated 14th May 1929, in the matter of appointing another Lady Health Visitor, I have the honor to state that the Municipal Council, at their meeting held on 1st June 29 have resolved that the appointment of an additional Lady Health Visitor is not required A copy of the resolution of the Council is herewith sent for information

2 The question of defining the duties of the Lady Health Visitor is under the consideration of the Health Officer and a memo defining her duties will be forwarded to Government in due course

I have the honour to be,
Sir,
Your most obedient servant,

Chacha
PRESIDENT

SM

60

**No. 40.**

**PROCEEDINGS OF AN ORDINARY GENERAL MEETING OF THE CITY MUNICIPAL COUNCIL, BANGALORE, HELD ON SATURDAY THE 1ST JUNE 1929, AT 12 NOON IN THE COUNCIL CHAMBER.**

**PRESENT.**

C. Machia, Esq., B. A., (President).

**Councillors.**

Mr. P. Subbaraya Chetty.
" Mahlal Tiwari.
" B. K. Sarada Ghar.
" S. H. M. Naqvi.
" Mookote Bhadrappa.
" C. K. Hutchappa.
" G. Siddaveerappa.
" M. C. Chickmanjundappa.
" K. Srikantayya.
" D. Gopalakrishna Rao.
" C. N. Narasinga Rao, B.A., B.L.
12. Rao Bahadur Dr. C. B. Rama Rao, M.D.
13. Mr. S. Venkataranganiengar.
14. " N. Balakrishniah, B.A., LL.B.
15. " V. Vajapey.
16. Khan Bahadur Mohamed Abbas Khan.
17. Mr. M. Reyan.
18. Capt. Y. V. Ayya.
19. Mr. Syed Abdul Khader.
20. " B. Rempanna.
21. " Saligram Narayana Rao.
22. " Chickmunisawmiah.

**ABSENT.**

D. D. Naidu.
N. Hanumanthappa.
Kolar Srinivasiengar, B.A., B.L.
4. Mr. M. Munisawmy.
5. " A. Madhavaiengar, B.A.
6. " J. N. Isaac, B.A., M.B.E.
7. Mr. Devamuth S. Govinda Rao.
8. Mr. M. Venkataramanappa.

28 To consider Para 2 of letter No 7532/M1 1-28-74 dated 14th May 1929, from the General Secretary to Government, forwarding the recommendation of the Senior Surgeon in the matter of appointing an additional Lady Health Visitor and stating that the same may be considered by the Municipal Council

Resolution --- The Council are of opinion that an additional Lady Health Visitor is not required

Sd C Machia,
President

"Copy"

Machia
President

SM

6

No. C1-715/Misc 28-29

CITY MUNICIPAL OFFICE
Bangalore City Dated 24th June 1929

(1063 REV SECT 61) (62

21-8 G BRANCH

Mel 1-28-87

GENERAL MISCELLANEOUS BRANCH
26 JUNE 1929

M

C MACHIA, Esq., B A,
PRESIDENT
CITY MUNICIPALITY
BANGALORE CITY

B. Narayanaswami Iyengar, Esq., B A, B L,
General Secretary to the Government of
His Highness the Maharaja of Mysore,
Bangalore.

Sir,

In continuation of this Office No C 1-715 of --28-29 dated 11th June 1929, I have the honor to forward herewith a copy of the memo of the Health Officer defining the duties of the Lady Health Visitor for the information of Government

I have the honour to be,
Sir,
Your most obedient servant,

Machia
PRESIDENT

SM

7

## Duties of Lady Health Visitor

1. She has to pay house-to-house visits in the poor localities of every division and advise the mothers about the importance of cleanliness in the house and request them to attend the centres mentioned hereunder, between 4 and 5,30 P M for medical advice (Anti-Natal and Baby clinics)

| | | |
|---|---|---|
| 1 | Monday - | Ganigarpet Dispensary |
| 2 | Tuesday | Arlepet Dispensary |
| 3 | Wednesday | Basavanagudi Dispensary |
| 4. | Thursday | Chamarajapet Dispensary |
| 5 | Friday | Mavalli Dispensary |
| 6. | Saturday. | Malleswaram Dispensary |

2. She will get the Midwives to maintain Registers of women who have passed 6 months of pregnancy and visit them periodically and advice them how to prepare themselves for the ensuing child birth and to get the aid of the Municipal Midwives when labour pains start The Register will be maintained in form hereto attached

3 She will find out the births conducted by untrained Midwives and advise the mother regarding herself and the baby -- Advice against branding the baby and on care of the navel -- should be given

4 She will once a month inspect the Kit-boxes in the possession of the Midwives and report to the Health Officer on their condition

5 She shall incidentally supervise the Midwives in their -- practice and report if their work is not satisfactory If the Midwife requires any help, the Lady Health Visitor will at once answer the call

6. The Lady Health Visitor shall do the work of the Health - Office by notifying Births that have come to her notice and -- cases of infectious diseases Children will have to be examined for successful marks of vaccination and she shall have the unprotected vaccinated by the Divisional Vaccinator

7 The Midwives atte confinements in the hou s of mothers

63) when they get a call and they are supposed to visit the mother for 10 days after and advise the mother and baby and the Lady Health Visitor has to see whether this is -- carried out or not.

8. The Lady Health Visitor will have to attend to any - duties alletted by the Municipal Commissioner or Health -- Officer.

9. She shall submit her diary in the form hereto attached to the Health Officer every day by 6.30 in the evening.

FORM OF REGISTER TO BE MAINTAINED BY MIDWIVES.

1. Division.
2. Street or locality.
3. House No.
4. Names of Pregnant women.
5 Month of Pregnancy.
6. Date of visit by Midwife.
7. Date of visit by Lady Health Visitor.
8. Date of confinement.
9. By whom labour conducted.
10. R e m a r k s.

"Copy"

Chadha
P R E S I D E N T

SM

G.R. S VI G 34] Nov

(64

SUBJECT .....

*Diary No. of letter replied to* 8

Section Mal
File No 1-28
Serial No 93

General and Revenue Secretariat

( )

, *the* 192

*Proceedings of the Government of His Highness the Maharaja of Mysore*

Date of issue. 4-9-29

Signed by Mr T K S Iyer

*Read*— Letter No L7532 — Mal 1-28-74 dated the 11th May 1929. Directing the President Bangalore City Municipal Council to submit a Memo defining the duties of the Lady Health Visitor of the Bangalore City Municipality ~~& Subject? Reply for information of Government a Memo defining the duties of the Lady Health Visitor~~ and that the proposal to appoint an addl. Lady Health Visitor ~~in Bangalore City~~ may be considered by the Mal: CC: 2. Letter No C-1-715 — 28-29 dated the 11th June 29

May this be

i Printed ?

ii treated as a standing order ?

iii published in the Gazette, English Part ?

iv translated ?

v placed at the disposal of the press ?

vi published in the Gazette, Kannada Part ?

From the President Baroda City Municipal Council submitting a Copy of the Resolution of the Council dated the 15th June 1929 to the effect that the appointment of an additional Lady Health Visitor is not required for Baroda City Municipality

3 Letter No: C-1-715 / 28-29 dated the 24/25-th June 1929 from the President, Baroda City Municipal Council forwarding for info of Govt a Copy of the memo of the Health Officer defining the duties of the Lady Health Visitor, Baroda City.

4. Unofficial/No S.C 524-3 of 29 7/29 from the Senior Surgeon in response to the duties of the Lady Health visitor of Baroda City

5 Un-Official/No: C179 of 22-8-29 from the Secy. Commr in response on the subject

(65-

Baroda City

List of enclosures.

Copied by

Examined by

WD 2225—GPB—1,000,000—31-12-21

(2)

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G R S G/33]

GENERAL AND REVENUE SECRETARIAT

*(Continuation sheet draft form)*

Order No L1795-1801/34/29

1 Received

2 The Rules suggested by the Sanitary Commr for the proper Conduct of work of the Kaiz Head Water, Bangalore &c, are approved & appended to this order.

3. The President Bangalore City Municipal Council is requested to bring the Rules into force under Orders

By

W 31/8 General Secy: to Govt

Power*

28/8/29

To The President, Bangalore City Mil Cl
" Senr Surgeon at Myn
" Sanry Commr & Joint Secy to Govt
" Compd Secy to Govt

WI 2230—GPH—1 00 000—28-7 30